## Reprinted from San Tan Sun News October 5, 2013 http://www.SanTanSun.com Local Writer Raised to Live for Adventure By Ana Anguiano

When Chandler resident Ann Kronwald isn't running a business with her husband or chasing after her grandchildren, she writes.

Kronwald was recently published in "Chicken Soup for the Soul: From Lemons to Lemonade" with her beautiful story about finding adventure and happiness in her upbringing in a single-parent home.

"Whenever someone asks me to characterize my life—especially my younger years—I always say 'adventure," Kronwald says.

"It was way too boring to do something twice and I know I got that from mom. She was a true adventurer and we did a lot of that growing up."

Her piece titled "Adventures in Staying" is a bit of a detour from her everyday writing. Kronwald enjoys studying the different Hebrew names of God and writing about the lessons in each name. She also takes plenty of inspiration from her amusing grandchildren, but her "Chicken Soup for the Soul" entry is all about her.

Kronwald and her three sisters spent part of her childhood on a black angus cattle ranch in southern Arizona but she spent her days following after her father and looking up to him for all of his wild and crazy antics. Kronwald was a bit of a daddy's girl and idealized every part of his colorful personality.

But after her parents divorced and her father moved away, her relationship with her mother changed. She realized she wasn't just the rule enforcer; she was just as adventurous.

"She did what she wanted to do and carried us along. We were swept up in her sense of adventure and definitely my kids benefitted from that," Kronwald says.

After her father relocated, her mother moved the four children around the state, making ends meet as best she could. While they were lacking in money, they never lacked in entertainment. Kronwald says they found excitement in nature and around the house every day. They would turn over rocks just to see what lay underneath.

"I think the main thing is our past does not have to define us," she says. "I know a lot of people carry around bitterness and hang ups from the past... I realized then you can't be looking back."

"Adventures in Staying" is the heartwarming and truly amazing story of how one mother kept a family together without much more than determination and a sense of adventure.

Kronwald went on to graduate from Arizona State University with her bachelor's and earned her master's degree from the University of Hawaii. It was in college that she realized the way you view your past shapes the way you live your life.

"It's important to see how God has blessed you and focus on that and not be bitter about what you lost," she says.

For Kronwald, the best part of being published in "Chicken Soup for the Soul" is the chance to share her mother.

"It was honoring my mom and she's always been so supportive of me and it was nice to have a piece out that (says) this is your mom," she says.